



Hilltopics

University of Honouliuli

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It's Not Christmas Without

133,000 White Lights



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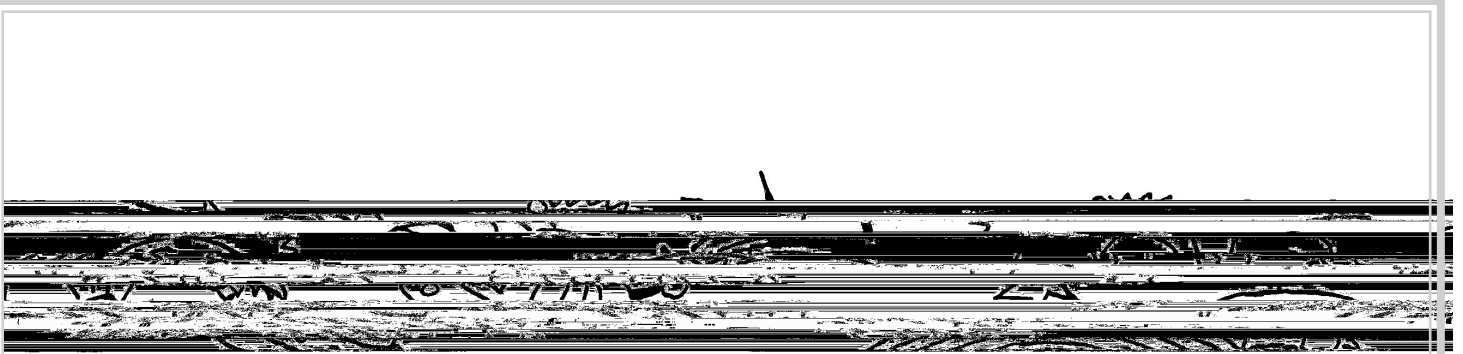
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Mouthwatering Mug Magic

When you're in a hurry and need a quick, easy, and delicious treat, a mug cake is the perfect solution. These little cakes are made in a mug and are ready in just a few minutes. They're also a great way to use up ingredients that are about to expire. There are many different recipes for mug cakes, but they all share a few common ingredients: flour, sugar, eggs, and oil. Some recipes also include cocoa powder, vanilla extract, and fruit. The beauty of mug cakes is that they can be customized to your taste. So, whether you want a chocolate cake, a vanilla cake, or a fruit cake, you can make it in a mug.

Mug cakes are a great way to satisfy your sweet tooth without the guilt of a full-sized cake. They're also a great way to get your daily dose of flour and sugar. So, the next time you're in a hurry and need a quick, easy, and delicious treat, try making a mug cake. You'll be amazed at how easy and delicious they are.

Chocolate Nilla Mug Cake

(credit: The Comfort of Cooking)

Ingredients:

- 1/4 cup flour
- 1/4 cup sugar
- 1/4 cup cocoa powder
- 1/4 cup milk
- 1/4 cup oil
- 1/4 cup vanilla extract

Instructions:

1. Preheat the oven to 350 degrees Fahrenheit.
2. In a mug, whisk together the flour, sugar, and cocoa powder.
3. Add the milk and oil, and whisk until the batter is smooth.
4. Add the vanilla extract and whisk again.
5. Microwave the mug in the oven for 2-3 minutes.
6. Let the cake cool for a few minutes before serving.



Meadows Offers Plenty to do Before Finals

As the semester draws to a close, students are looking for ways to relax and recharge. Meadows offers a variety of activities and programs to help students unwind and enjoy the end of the year. From outdoor adventures to cultural events, there's something for everyone. The university's commitment to student well-being is evident in the range of options available. Whether you're looking for a quiet retreat or a group activity, Meadows has you covered. The campus is filled with opportunities to connect with nature and your peers. From hiking trails to community events, the possibilities are endless. Make the most of your time at Meadows by taking advantage of all the activities and programs on offer. It's the perfect way to end the semester on a high note.

For more information on Meadows' activities and programs, visit our website at www.meadows.edu.

